Preliminary Data
Study of Crisis Intervention Training Programs

These preliminary data are copyrighted and are subject to change. They are intended to provide vendors feedback, and an ability to compare their programs to others. Please do not copy or disseminate.

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http://k12engagement.unl.edu/study-crisis-intervention-training-programs

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The Present Study

Questionnaire

- The Couvillon, et al. questionnaire was obtained, expanded and organized into 10 content sections or topics.
- Questions were refined with a mix of both closed and open ended responses.
- When completed it **included 99 questions**
- Options created for electronic (Qualtrics) or hard copy or telephone interview completion.

Training Vendors

- Effort to identify all current training vendors providing training to schools through Internet searches and nominations.
- Only those providing training on restraints were included.
- 32 Initially identified, but 7 were no longer in business
- Of the remaining 25, 6 declined or did not respond, two did not complete the questionnaire.
- **Result was data from 17 vendors- 68% of total.**
- Owner or lead trainer was contacted and asked to complete the questionnaire.
- Once completed the data was sent back to the vendor for verification.

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17 Crisis Intervention Training Programs	Organization Name	Website
Calm Every Storm, Crisis Intervention Training	Crisis Consultant Group, LLC.	crisisconsultantgroup.com
Management of Aggressive Behavior (MOAB)	MOAB Training International, Inc.	moabtraining.com
Nonviolent Crisis Intervention® Program	Crisis Prevention Institute	crisisprevention.com
Oregon Intervention System (OIS)	Alternative Service, Inc. - Oregon	ois.asioregon.org
PMT	PMT Associates, Inc.	pmtassociates.net
Pro-ACT®	Pro-ACT, Inc.	proacttraining.com
Professional Crisis Management	Professional Crisis Management Association	pcma.com
Response	Response Training Program LLC	responsetrainings.com
Right Response	Service Alternatives Training Institute	rightresponse.org
Safe and Positive Approaches®	Devereux	devereux.org
Safe Crisis Management	JKM Training Incorporated	jkmtraining.com
Safe Prevention Principle and Techniques	JIREH Training and Consulting LLC	jirehtraining.com
Safety-Care	QBS, Inc.	qbscompanies.com
Satori Alternatives to Managing Aggression (SAMA)	Satori Learning Designs, Inc.	satorilearning.com
The Mandt System	The Mandt System, Inc.	mandtsystem.com
Therapeutic Aggression Control Techniques (TACT2)	SBP Consulting, Inc.	tact2.com
Therapeutic Crisis Intervention (TCI)	Residential Child Care Project, Cornell Univ.	rccp.cornell.edu/tcimainpage.html

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Training content by 8 global components*

Respondents were asked for % of training allocated to each

- General information and definitions
- Dangers and Risks
- Crisis De-escalation procedures
- Restraint procedures
- Procedures for monitoring
- Debriefing and follow up
- Seclusion
- Other topic areas

* Interpretations may vary based on differing terminology or understandings; use only for gross comparisons

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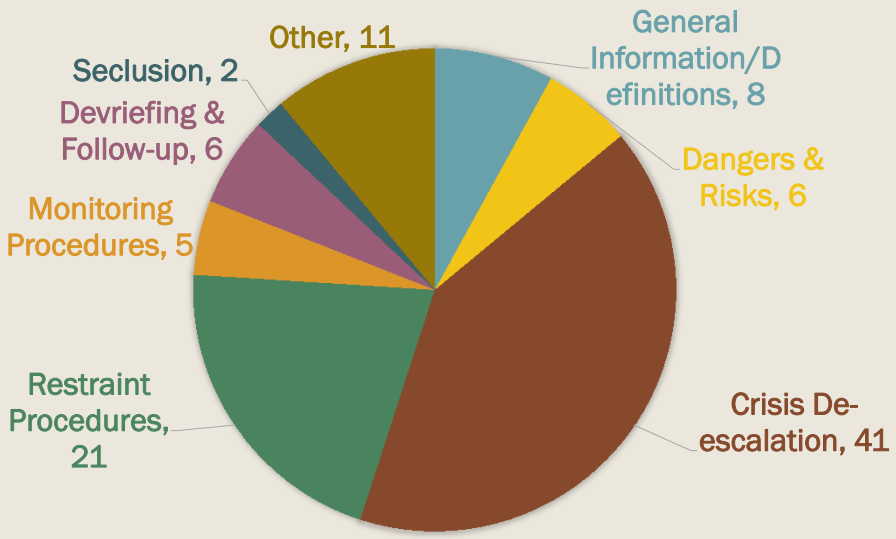
Allocation of resources across general topics

Training Program Name	Total Basic Training Time	General Information/ Definitions %	Dangers & Risks %	Crisis De-escalation %	Restraint Procedures %	Monitoring Procedures %	Debriefing & Follow-up %	Seclusion %	Other %	Total %
Calm Every Storm	16 hrs	5	5	55	15	5	5	5	5	100
MOAB	6-8 hrs	20	15	20	20	10	5	5	5	100
Nonviolent Crisis Intervention® program	14 hrs	20	5	35	25	5	10	0	0	100
OIS	12 hrs	15	10	25	15	2	2	2	29	100
PMT	8 hrs	15	10	40	20	5	5	5	0	100
Pro-ACT®	20 hrs	5	4	60	8	7.5	7.5	3	5	100
Professional Crisis Management	14 hrs	10	5	30	50	0	5	0	0	100
Response	12 hrs	4	6	58	12	4	4	0	12	100
RIGHT RESPONSE	5-14 hrs	2	2	31	30	5	5	0	25	100
Safe & Positive Approaches®	14 hrs	5	7	34	18	3.5	3.5	0	29	100
Safe Crisis Management	18 hrs	5	5	45	30	5	10	0	0	100
Safe Prevention Principles and Techniques	16-20 hrs	10	12	38	15	5	15	5	0	100
Safety-Care	12 hrs	5	5	25	20	5	5	0	35	100
SAMA	16 hrs	1	2	40	20	1	1	0	35	100
The Mandt System®	19 hrs	7	8	58	12	7	7	1	0	100
TACT2	18-20 hrs	10	2.5	50	30	2.5	2.5	2.5	0	100
TCI	28-32 hrs	5	5	50	25	5	10	0	0	100

Average Allocation Across Training Programs



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Pie charts of all of the vendor training programs are provided to illustrate variations in time allocations across all eight topics. We pick a few as examples in discussing content topics.

Selected topics to discuss today:

- Seclusion and Other
- Crisis De-escalation procedures
- Restraint procedures
- Monitoring procedures
- De-briefing procedures

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Seclusion

- Most training programs don't include components on seclusion
  - Only 8 discuss & 4 train
- When included in basic training, no program spent more than 5% of overall time on seclusion; range 1-5%
- When comparing allocations of time this may explain some variation.

"Other" Topics

- Component interpretations vary
- Account for unique training aspects
- Many adaptions, extensions, or combinations of other components
- Topics included: *protection techniques, incident prevention, mental health, trauma, relationships, leverage, and deflection and release techniques, etc.*

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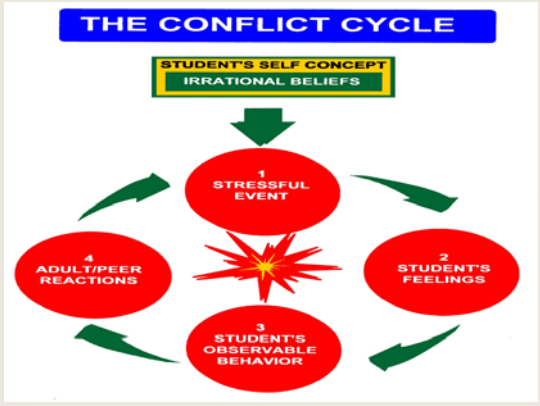
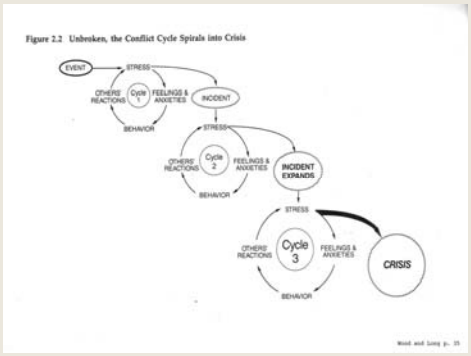
Crisis De-escalation Procedures





- On average, biggest emphasis across programs
- 2/3 of the programs spend the most time on crisis de-escalation
  - *Recognize signs of agitation*
  - *Identify and manage antecedents*
  - *Assess contributing factors*

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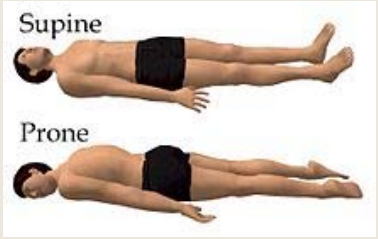
Types of Restraint Procedures

- Due to heightened risk, it takes a certain amount of time to teach physical holds adequately
- Programs moving towards using “holds” versus “restraint” for political correctness
- Programs coin terms and have special names for holds, spend time teaching this terminology
- Some populations may need more focus on restraint
- Many programs have moved away from prone (face down) or supine (face up) holds



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Restraint Procedures Taught

Training Program Name	Types of Restraints (#)	Physical Escorts	Basket Hold Restraint	Prone Floor Restraint	Supine Floor Restraint
Calm Every Storm	3	Yes	No	No	No
MOAB	20	Yes	Yes	Yes	Yes
Nonviolent Crisis Intervention® program	8	Yes	No	No	No
OIS	2	Yes	No	No	No
PMT	10	Yes	Yes	No	Yes
Pro-ACT®	5	Yes	No	Yes	Yes
Professional Crisis Management	25	Yes	No	Yes	Yes
Response	2	No	No	No	No
RIGHT RESPONSE	27	Yes	No	Yes	No
Safe & Positive Approaches®	12	Yes	No	No	Yes
Safe Crisis Management	15	Yes	No	Yes	Yes
Safe Prevention Principles and Techniques	8	Yes	No	Yes	—
Safety-Care	7	Yes	No	Yes	Yes
SAMA	6	Yes	Yes	No	No
The Mandt System	4	Yes	No	No	No
TACT2	4	Yes	Yes	No	Yes
Therapeutic Crisis Intervention	5	No	No	Yes	Yes

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Training Related to Restraint Procedures

- The % of overall time allocated to training on holds ranged from 8% to 50%
- Most programs dedicate between 12% -25% of their time to restraint procedures; the mean was 21%
- The number of different types of holds trained ranged from 2 to 27

- Specific Types of holds:
  - *4 of the 17 programs trained basket holds, 23.5%*
  - *8 of the 17 programs trained prone restraints, 47%*
  - *9 of the 17 programs trained supine holds, 53%*

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Monitoring

- All teach techniques for monitoring a student's physical and emotional state
- All instruct how to identify signs of physical distress.
- Crucial to actively monitor the breathing rates of students placed in a restraint
- 14 programs actively teach participants to monitor breathing rate
- On average, relatively less time is spent on monitoring

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De-Briefing

- **Physical restraint procedures can result in emotional distress for all involved**
- **Majority of the programs programs teach participants how to debrief or follow up**
- **May include: assessing emotional state, problem solving, & documentation**

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Certification/lengths of training

- All certify
- Certification takes on 18 hours on average for basic training ; range = 12 – 28
- Re-certification or annual update; on average 7 hours; range = 3 – 20 hours
- Training of trainer; varied requirements
  - *Related experience*
  - *Career in related field*
  - *Related degree, etc.*

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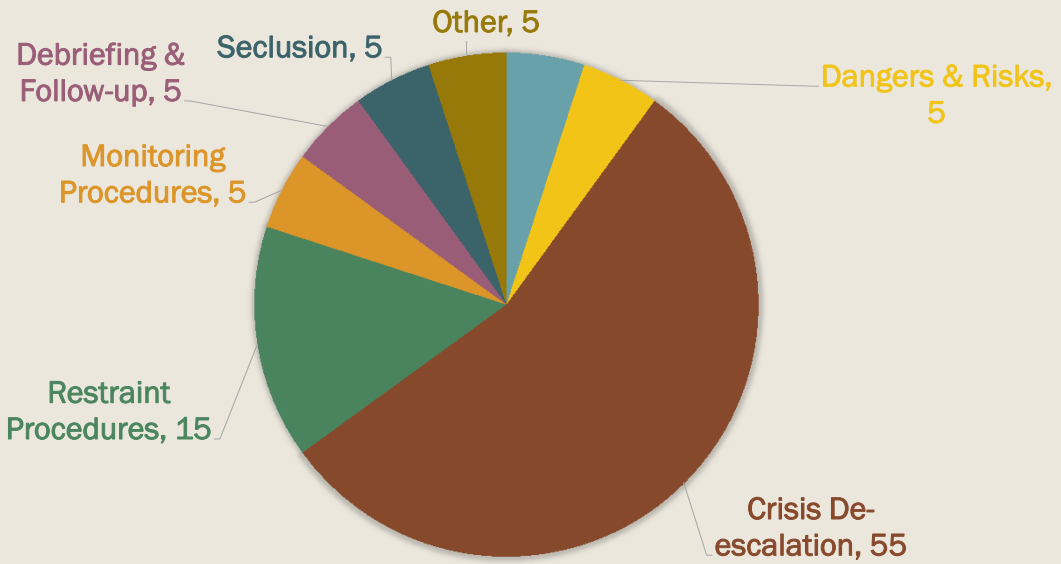
Calm Every Storm



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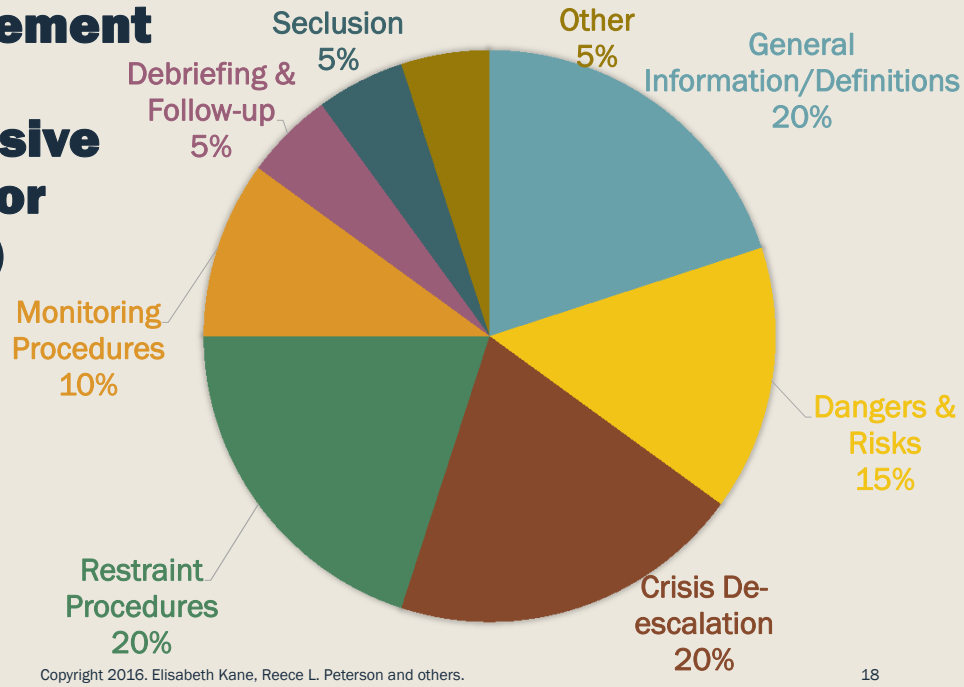
Management of Aggressive Behavior (MOAB)



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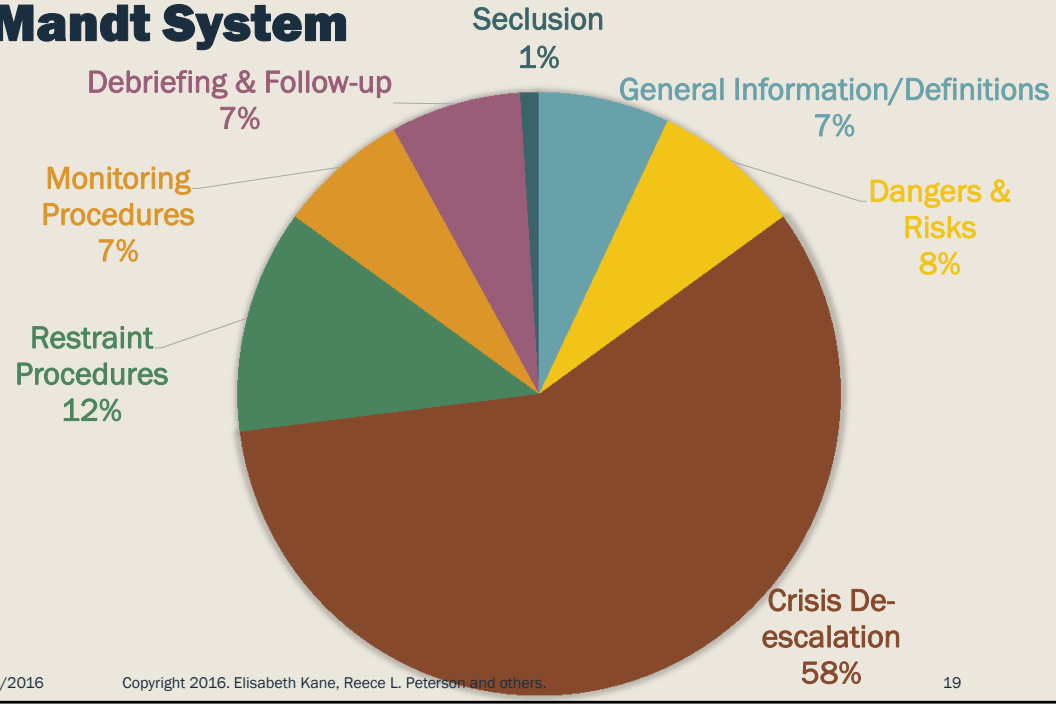
The Mandt System



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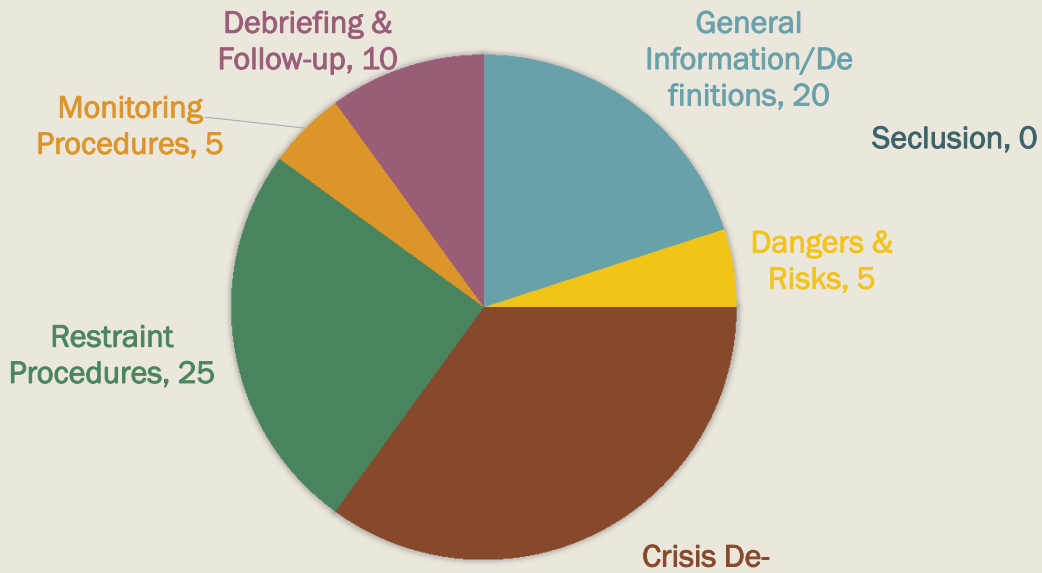
Nonviolent Crisis Intervention



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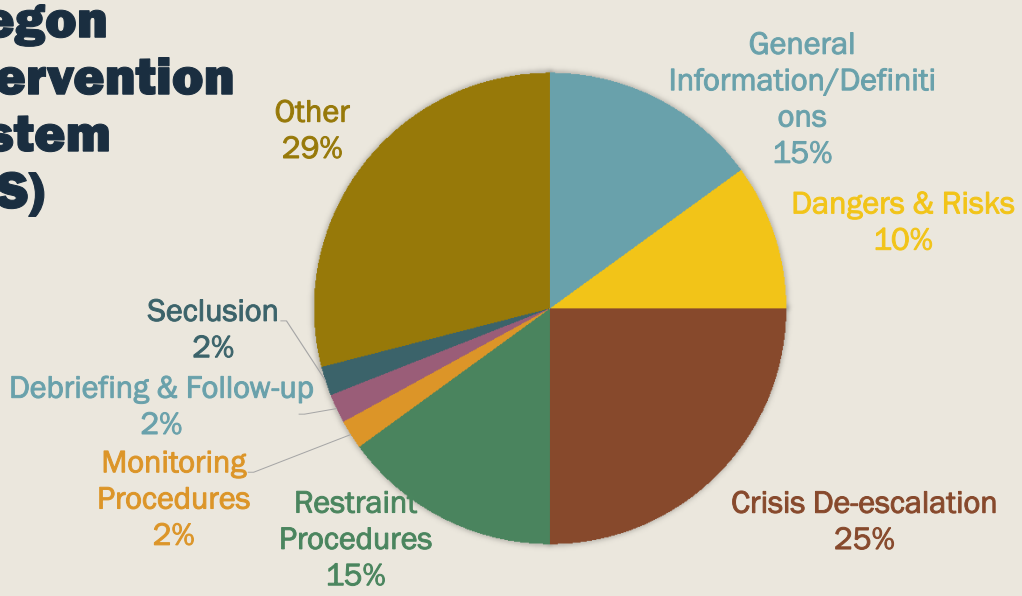
Oregon Intervention System (OIS)



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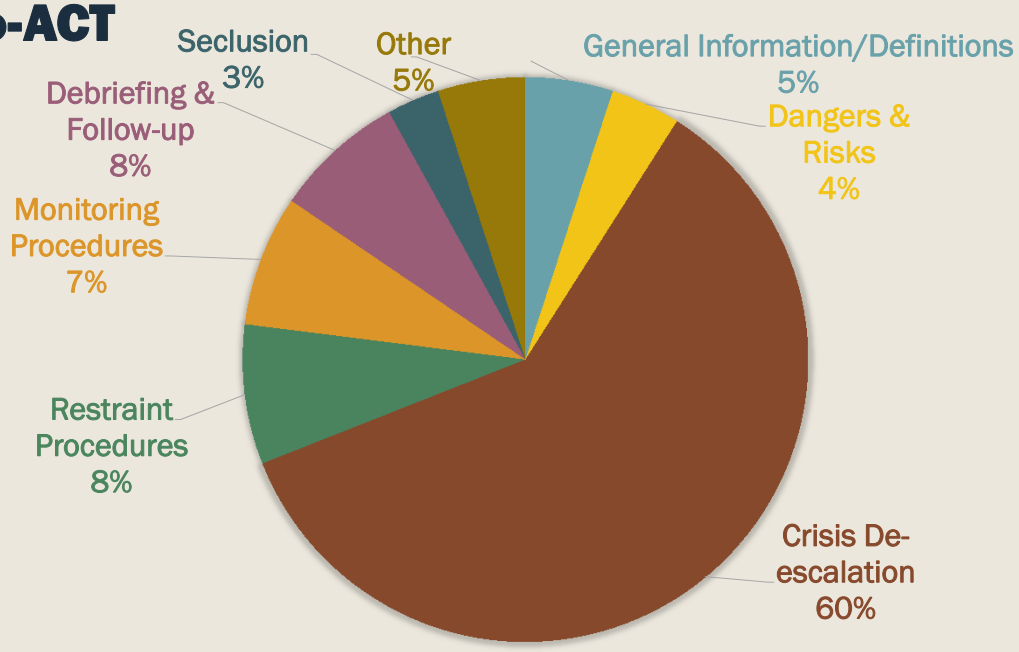
Pro-ACT



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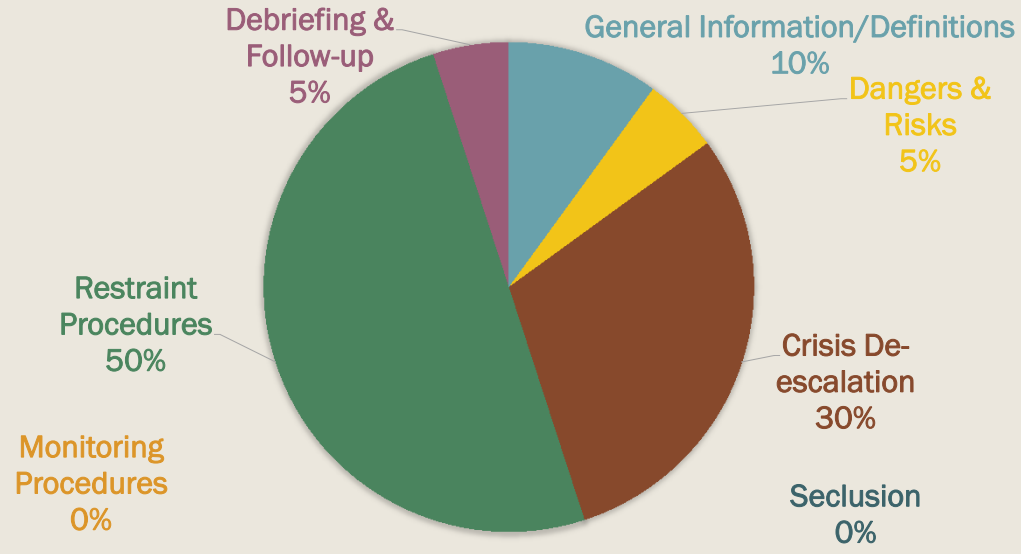
Professional Crisis Management



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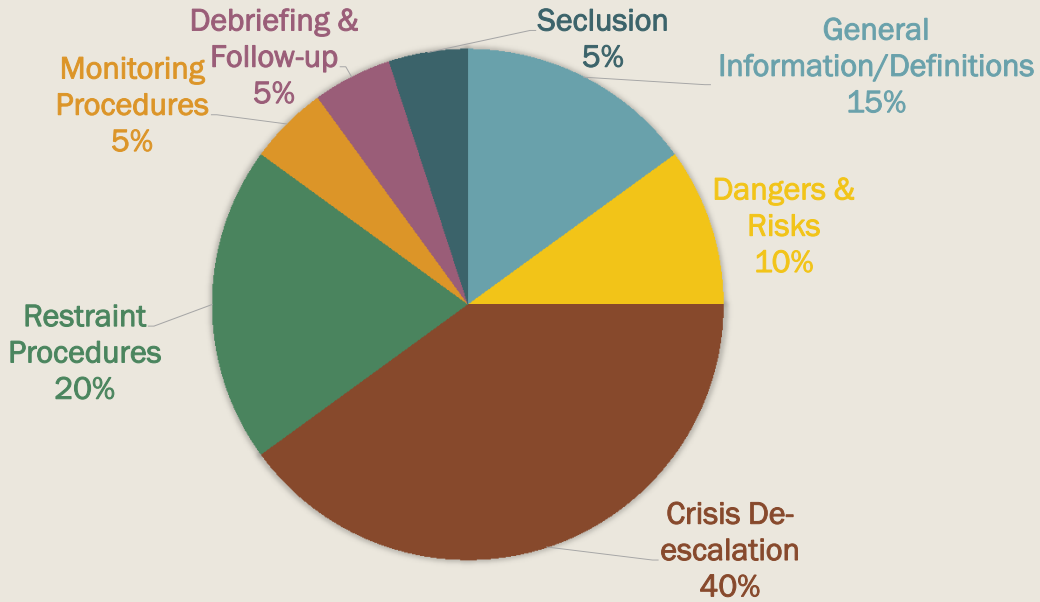
PMT



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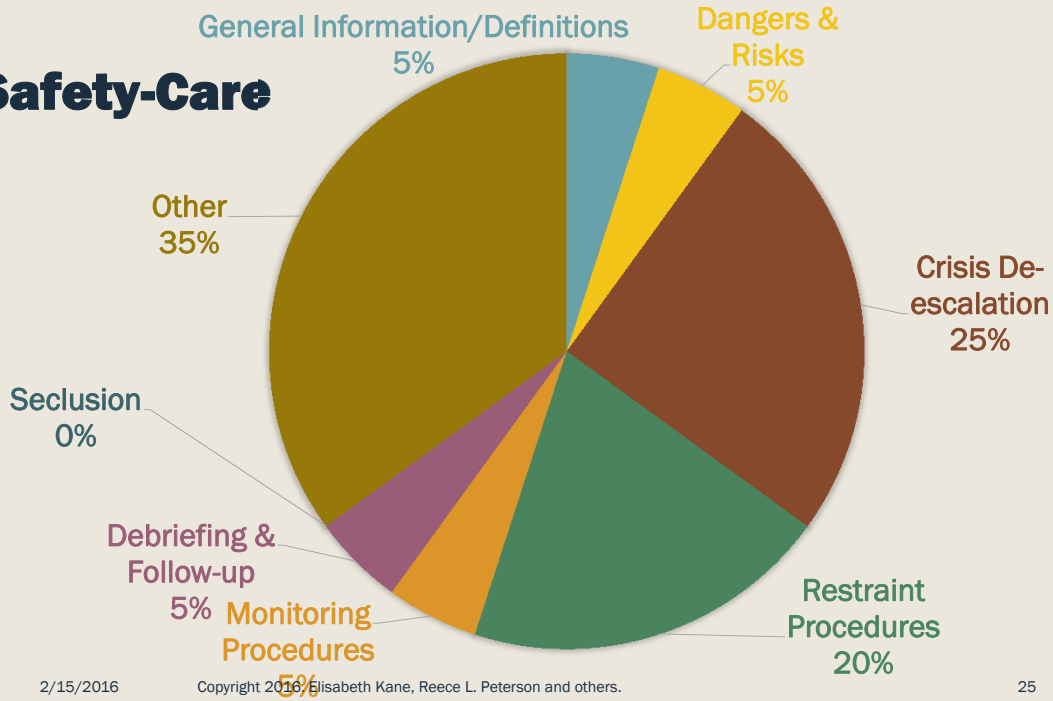
Safety-Care



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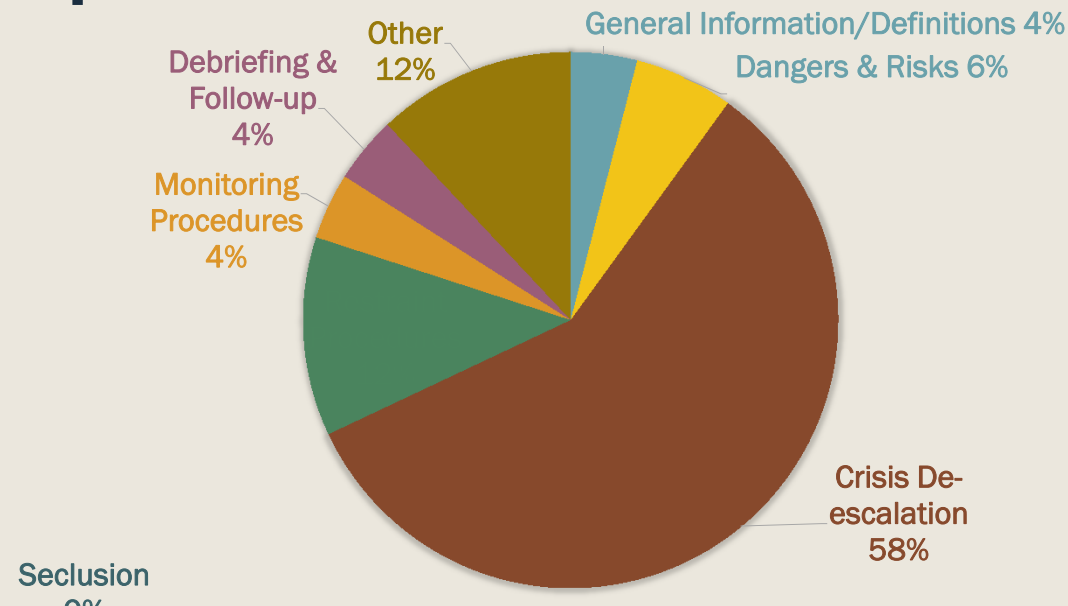
Response



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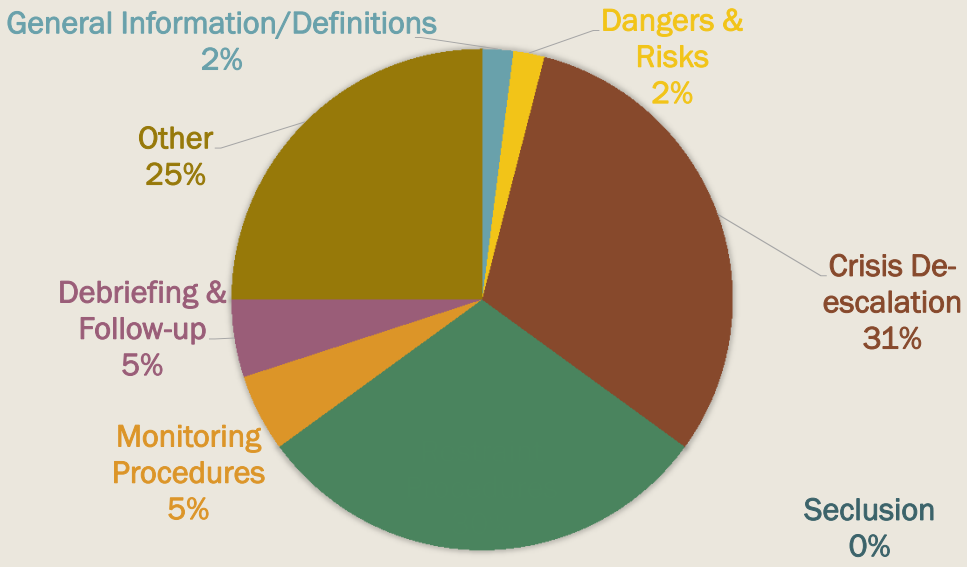
Right Response



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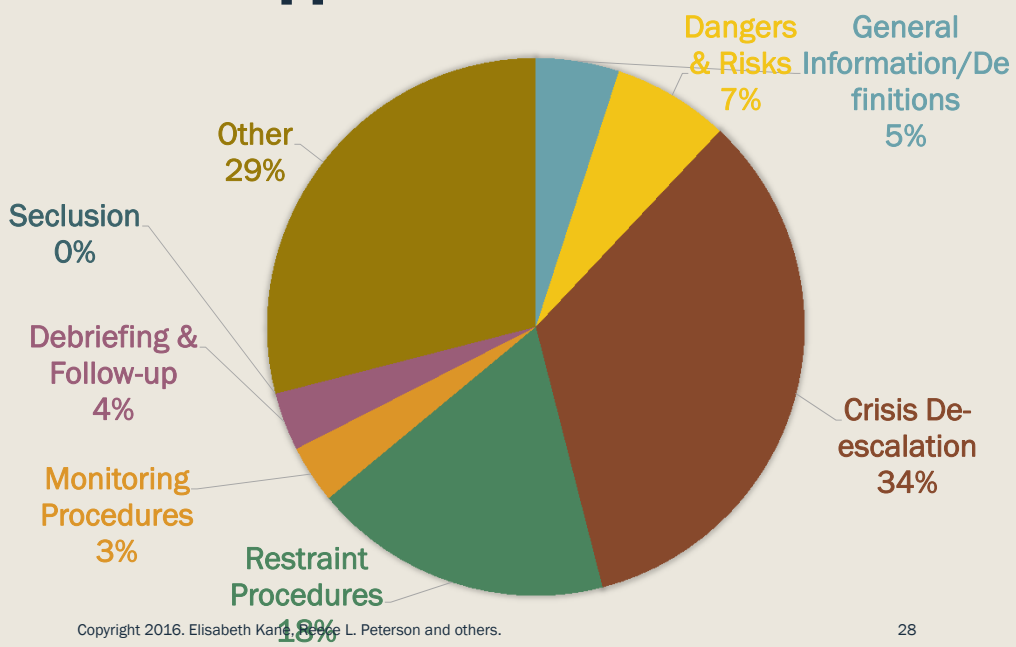
Safe & Positive Approaches



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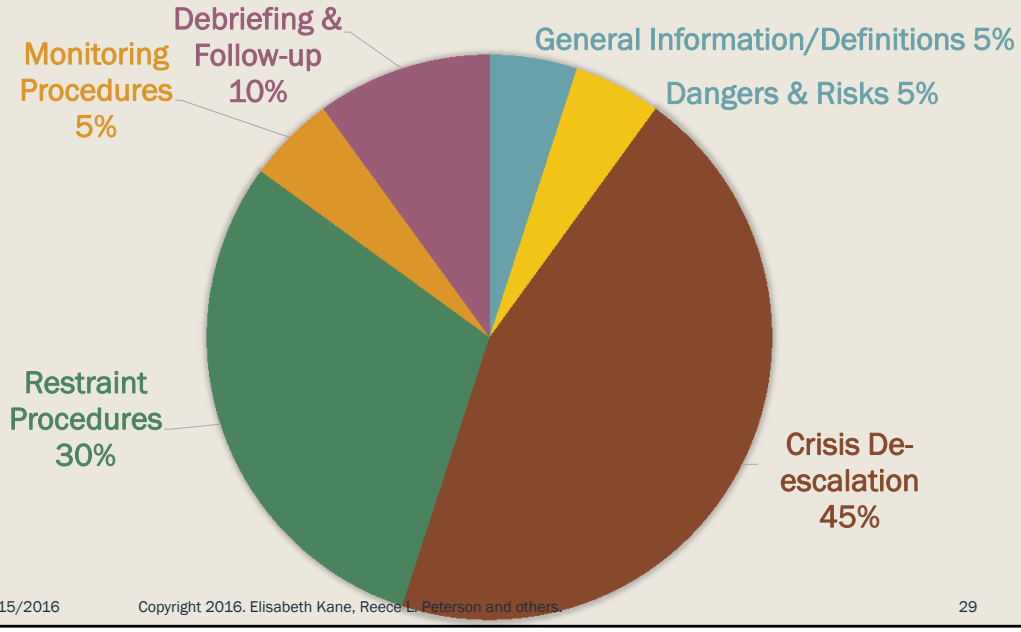
Safe Crisis Management



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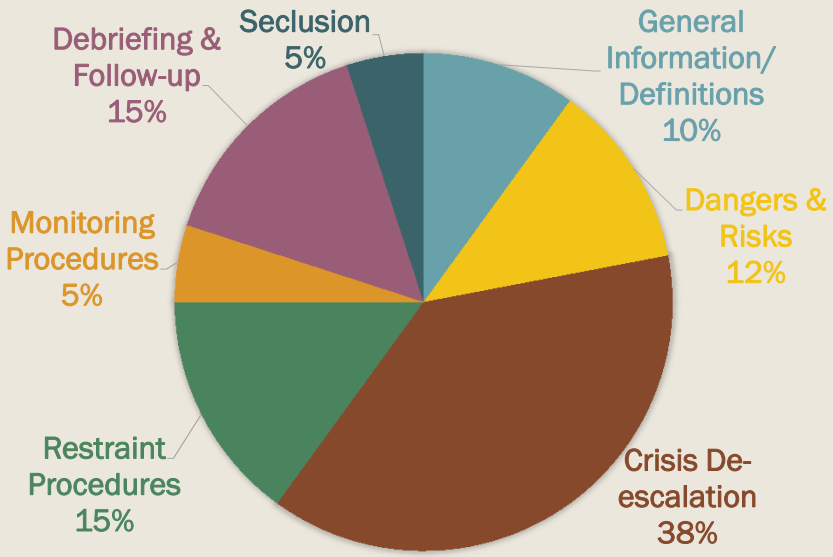
Safe Prevention Principles & Techniques



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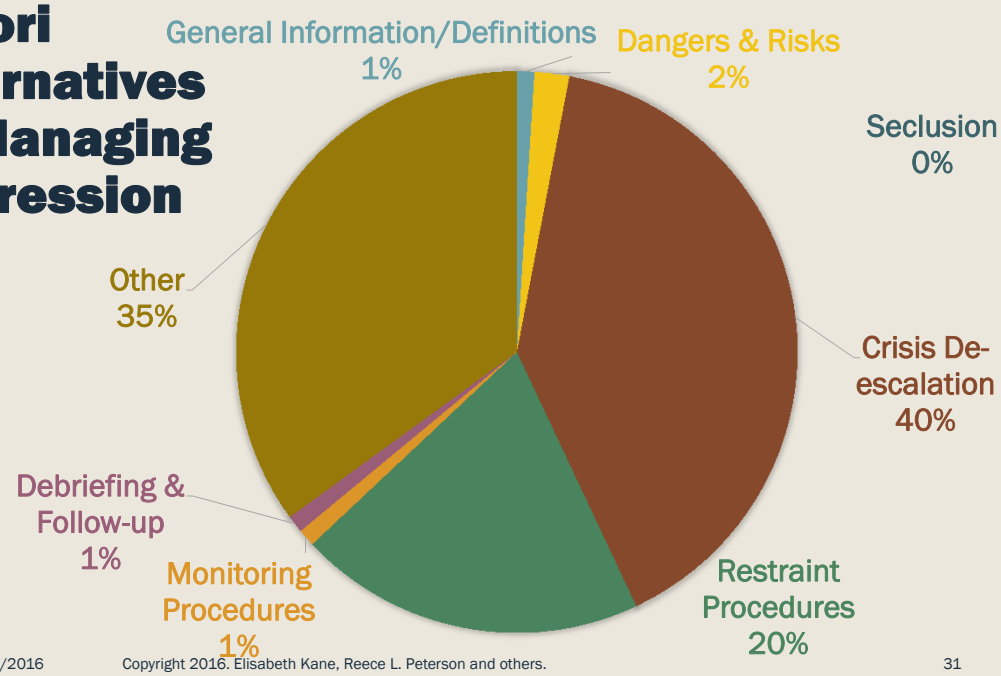
Satori Alternatives to Managing Aggression



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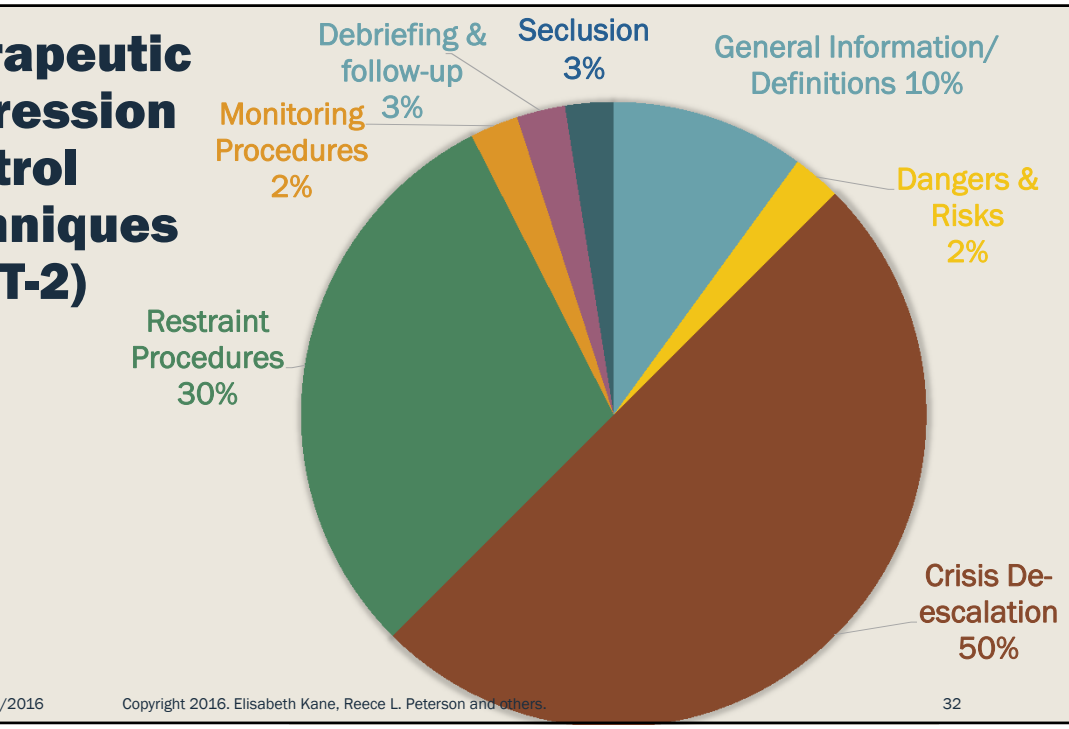
Therapeutic Aggression Control Techniques (TACT-2)



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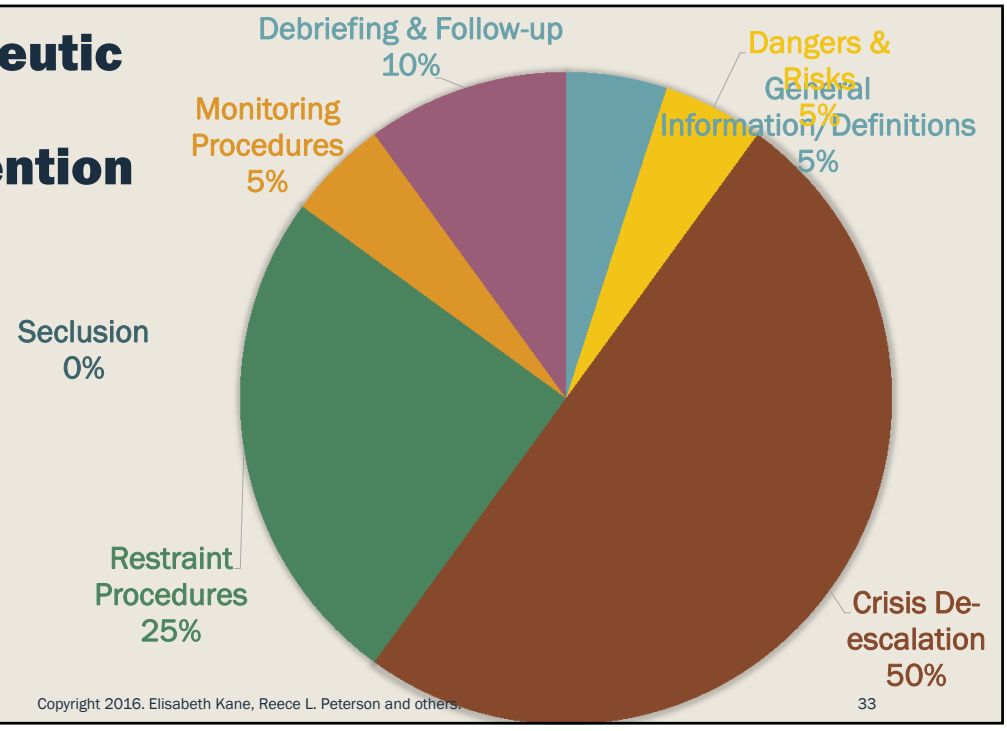
Therapeutic Crisis Intervention (TCI)



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